

**Autobiographical stories**

Stories from the teller's own experience.

**Facilitator**

The person leading the workshop.

Please also see the separate section of instructions for facilitators, which is part of this toolbox.

**Folk tale**

Stories about local people and their strengths and weaknesses which have been told by many people for a long time, seen as local knowledge. Often the message is, we can survive – even against the odds.

**Thematic stories**

Stories dealing with a theme – we often mean stories and themes from our times.

**Myth**

An epic story based around a character bigger than everyday life, who may be a God or a Sultan or a King.

Usually there are a lot of symbols in the story which need some thinking about to understand their meaning.

Often there are messages in the story about human beings and their situation.

**Photo elicitation**

when you use photos which already exist (your own or other peoples') as material in or inspiration for an exercise.

**Photo voice**

when you ask participants to create their own photos in an exercise.

**Triggering**

Meant in this context in a positive sense, in other words inspiring.

**Installation**

A careful arrangement of objects and - or - people and their bodies in the space.

Carried out with a theme in mind, the arrangement can be photographed – and can become a symbolic image based on that theme.

**Icebreaker**

An exercise or game requiring light-hearted interaction.

Aim: to create communication among strangers.

Form: Short, often under 10 minutes.

Ideal for use at the beginning of a workshop.

Optional: Can also be related to the theme of the day or of the workshop.

**Energizer**

An exercise or game requiring action.

Aim: to get the group moving, increase motivation, focus attention

Form: Short, 2, 3, 5 or up to 10 minutes.

Ideal for use at the beginning of the day, after lunch – or in between longer sessions to revive the participants.

**Narrative**

a story or account of events, experiences, or the like, whether true or fictitious.

a book, literary work, etc., containing such a story.

a story that connects and explains a set of events, experiences intended to support a particular viewpoint:

Examples: "rewrite the existing narrative about masculinity in our society"

or "the current narrative on the situation of refugees in the media is biased".

## **Photobank**

This means a collection of photos which were produced for the YOUR JOURNEY project by the team of partners. These photos can be printed, copied and used with the toolbox in workshops. They were taken by photographers from one of the partner projects and when used in exhibition contexts, in publishing e.g. in newspapers, catalogues, magazines or online, we appreciate if you name the artist who took the picture.

**Photovoice** is a tool used in community empowerment projects. The method was originally developed by health promotion researchers (Wang and Burris, 1997). Using photographs taken and selected by participants, respondents can reflect on and explore the reasons, emotions and experiences that guided them in selecting the images.

**Photo elicitation** is a method used in social research where visual images are used in interviews to elicit comments. In this context, we mean a method in which photos are used as a stimulus in exercises. The photos have been taken before the exercise begins, whereas in photovoice, taking the photo is part of the exercise.

# Journeys

## **Generation Definitions**

The act of travelling from one place to another.

A trip, especially over a longer period or a great distance.

A series of experiences that someone has over time, especially if they change the person in some way.

## **Kinds of Journeys we refer to in the project YOUR JOURNEY.**

Any kind of journey which the participant has made and finds important.

It may be an outward or inward journey.

It may be a journey which

you made by choice – as a vacation or for work.

you had to make – to earn a living.

you had to make – to escape conflict or war.

**You choose which journey or journeys you want to talk about – or not to talk about.**

## **The YOUR JOURNEY Project**



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